

2011 "AAA" PIAA QUALIFYING STANDARDS

EVENT:		TRACK EVENTS	PIAA QS
AAA	Girls	4X800 Meter Relay	9:35.48
AAA	Girls	100 Meter Hurdles	:15.65
AAA	Girls	100 Meter Dash	:12.67
AAA	Girls	1600 Meter Run	5:13.37
AAA	Girls	400 Meter Dash	:58.80 ***
AAA	Girls	4X100 Meter Relay	:49.96
AAA	Girls	300 Meter Hurdles	:46.60
AAA	Girls	800 Meter Run	2:18.47
AAA	Girls	200 Meter Dash	:25.91
AAA	Girls	3200 Meter Run	11:13.30
AAA	Girls	4X400 Meter relay	4:02.50

EVENT:		FIELD EVENTS	PIAA QS
AAA	Girls	High Jump	5-3
AAA	Girls	Pole Vault	11-0
AAA	Girls	Long Jump	17-3
AAA	Girls	Triple Jump	36-6
AAA	Girls	Shot Put	37-6 ***
AAA	Girls	Discus	118-0
AAA	Girls	Javelin	122-0 ***

EVENT:		TRACK EVENTS	PIAA QS
AAA	Boys	4X800 Meter Relay	8:02.04
AAA	Boys	110 Meter Hurdles	:15.10
AAA	Boys	100 Meter Dash	:11.10
AAA	Boys	1600 Meter Run	4:24.22
AAA	Boys	400 Meter Dash	:50.09
AAA	Boys	4X100 Meter Relay	:43.40 ***
AAA	Boys	300 Meter Hurdles	:39.80
AAA	Boys	800 Meter Run	1:57.32
AAA	Boys	200 Meter Dash	:22.50
AAA	Boys	3200 Meter Run	9:31.71
AAA	Boys	4X400 Meter relay	3:24.03

EVENT:		FIELD EVENTS	PIAA QS
AAA	Boys	High Jump	6-5
AAA	Boys	Pole Vault	14-3
AAA	Boys	Long Jump	21-10
AAA	Boys	Triple Jump	44-6
AAA	Boys	Shot Put	52-0 ***
AAA	Boys	Discus	153-0
AAA	Boys	Javelin	178-0

**** Changes in standards

NOTES:

You **CAN NOT** submit a hand held time, please remember before you add the .24 you must round-up hundreds to tenths.

A hand held 16.64 becomes 16.7 plus .24 or a 16.94 FAT time.

There are very few meets that use a fully FAT system. Make sure you convert any handheld time to FAT!

Schools may enter (3) athletes per event. This meet is a qualifying meet for the PIAA championship meet, please enter only athletes who deserve to participate in a championship meet.

CONVERSION EXAMPLES

hand held time	around-up to	add =	FAT time
:17.61	:17.7	add .24	:17.94
:54.83	:54.9	add .24	:55.14
:28.42	:28.5	add .24	:28.74
9:03.34	9:03.4	add .24	09:03.6
46.81	46.9	add .24	47.14
10:59.62	10:59.7	add .24	10:59.9