

TO: PIAA District VI and IX Principals, Athletic Directors, and Swimming Coaches
FROM: Susan Werner, District VI Swimming and Diving / Co-Meet Director
Tim Walter, District IX Swimming and Diving / Co – Meet Director.
RE: 2010 PIAA District VI-IX Regional Swimming & Diving Championships
DATE: January, 2010

PLEASE SHARE THIS INFORMATION WITH YOUR SWIMMING & DIVING COACHES!!!

Attached you will find the qualifying standards and entry information for the 2010 PIAA District VI & IX Regional “AA” and “AAA” Boys and Girls Swimming and Diving Championships to be held at the Penn State University Natatorium on March 5 and March 6 2010.

CHAMPIONSHIP MEET DATES:

The District VI & IX Regional Swimming and Diving Championships for both “AA” and “AAA” will be held during a two day Swimming and Diving Championship on Friday March 5 and Saturday, March 6, 2010.

(For the meet time schedule, see the **“AA”& “AAA” Swimming and Diving Time Schedule.**)

MEET FORMAT: All swimming events will be timed final events. The six fastest times will be seeded in the last heat of each event. Diving events will be eleven dive championship format events with cuts as necessary. The order of events will follow the state championship meet format.

ENTRY QUALIFICATIONS AND LIMITS: For all swimming events except the 500 Yard Freestyle, each school will be allowed to enter athletes in accordance with the following guide lines:

A maximum of four (4) swimmers per individual event providing all four (4) swimmers meet the qualifying time.

If a PIAA sponsoring school has no swimmers meeting the qualifying time, that school is allowed to enter two (2) swimmers with any seedtime. If a sponsoring school has one (1) swimmer meeting the qualifying time, that school may enter one (1) additional swimmer with any seedtime.

If a sponsoring school has two (2) or three (3) swimmers meeting the qualifying time, that school may not enter any additional swimmers.

Only those swimmers meeting the qualifying standard in the 500 Yard Freestyle will be allowed to compete.

“AA” and “AAA” qualifying times are included with this packet. In accordance with PIAA Rules and Regulations, swimmers from schools that do not sponsor swimming must meet the qualifying times in order to participate.

Each swimmer may enter a maximum of four (4) events, no more than two (2) of which may be individual events.

Each school that sponsors swimming will be permitted to enter one (1) relay team per relay event. Eight (8) names may be listed for each relay and any four (4) may swim. The relay will not count as an event for those listed but not swimming. A maximum of four (4) girl divers and four (4) boy divers per school can be entered in the respective diving championship meets.

DIVING ENTRIES: All entries for the diving championships must be completed online. Diving positions will be randomly assigned by the computer.

The diving rounds must consist of the following:

Preliminary Round: 2 Voluntary Dives & 3 Optional Dives

Semi-Final Round: 2 Voluntary Dives & 1 Optional Dive (NOTE: Dives from all five groups must be included by round 8.)

Final Round: 1 Voluntary Dive & 2 Optional Dives

ENTRY (REGISTRATION) PROCEDURES: All entries for the District 6 & 9 Regional Swimming and Diving Championships must be completed in accordance to the procedures outlined by Direct Athletics (www.directathletics.com) Registration (Entry) Procedures.

ENTRY FEES: All schools will be assessed an entry fee for participating in the District 6 & 9 Regional Swimming & Diving Championships. The fee schedule is \$7/athlete with a minimum of \$25 per school. Schools should fill in and mail the attached **“Regional Swimming and Diving Entry Fees Form”** by Friday, Feb. 26, 2010.

Checks must be made payable to “PIAA District VI” and mailed to
Susan Werner, District VI Swimming and Diving Chairperson
1324 Appletree Circle
State College, PA 16803

SCORING: Team championship scoring will be based on 12 places per event. Points will be awarded according to the National Federation Rules. Schools that do not sponsor swimming according to the PIAA regulations will not be included in the team scoring. Individuals of non-sponsoring schools will be eligible for awards.

AWARDS: In both “AA” and “AAA”, individual medals will be awarded to the first (1st) through third (3rd) place finishers in the individual and relay events. Ribbons will be awarded to the fourth (4th) through sixth (6th) place finishers in individual events.

There will be multiple award ceremonies during the meet (see attached time schedule). At those designated times, awards to the top six (6) finishers in individual events and the top three relay teams will be presented. Please have your athletes dress in your school-issued warm-ups for the awards presentation.

STATE CHAMPIONSHIP QUALIFIERS:

The 2010 PIAA State Championship meet will be held at Bucknell University in Lewisburg. The “AAA” competition will take place on Wednesday, March 17, and Thursday, March 18, 2010. The “AA” will take place Friday, March 19, and Saturday, March 20, 2010.

The number of automatic advancers from the Regional Championship to the PIAA State Championship will be as follows:

AA Girls’ Diving: Top three (3) finishers.

AA Boys’ Diving: Top three (3) finishers.

AAA Girls’ Diving: Top (1) finisher.

AAA Boys' Diving: Top (1) finisher.

AA Girls' Swimming: Top two (2) finishers/relay teams in each event.

AA Boys' Swimming: Top two (2) finishers/relay teams in each event.

AAA Girls' Swimming: Top (1) finisher/relay team in each event.

AAA Boys' Swimming: Top (1) finisher/relay team in each event.

IMPORTANT NOTE - Additional State Qualifiers in Swimming: In addition to the automatic qualifiers from the Districts/Regions, the 16 fastest individual swimming event entries and the 8 fastest relay event entries on a statewide basis, who did not receive automatic qualifiers, will advance to the PIAA Swimming and Diving Championships. The entry times for this purpose will be the times swum at the PIAA District/Region qualifying meets.

ADMISSION PRICES: Admission to the Regional Championships will be \$6.00 for adults and \$3.00 for students per day.

FOR YOUR CONVENIENCE:

A food concession will be open throughout the meet operated by Penn State University.

A complete set of results will be posted on the PIAA [District 6](#) and [District 9](#) websites immediately following the conclusion of the meet.

Photographs of place winners will be taken for each event. They can be purchased at the meet courtesy of State College Area High School Swimming and Diving Boosters. Forms for purchasing these pictures will be available at the meet.

District 6 and 9 Regional Swimming & Diving Championship T-shirts may be ordered in advance using the enclosed **“Regional Swimming & Diving Championships T-shirt Order Form”**.

LOCKER ROOMS: Locker rooms are available at Penn State University Natatorium. Due to the large number of participants, athletes are encouraged to bring their own lock to secure their valuables or bring their belongings onto the deck. **Do not leave valuables unsecured.**

PARKING: Parking will be available on both Friday and Saturday at the East Parking Deck on Bigler Road, just north of Curtin Road at a cost of \$4/day. Buses should unload swimmers on Bigler or Curtin and may park at the Porter North Parking Lot, just north of the baseball field.

IMPORTANT DATES:

Mid-January: Schools may begin entering athletes online.

Monday February 22, 2010 at Midnight: Entry deadline. No entries will be accepted after this deadline.

Sunday February 28, 2010: “Psych” (performance) sheet posted on District 6 and District 9 websites.

Monday March 1, 2010: Psych sheet corrections due by Mid-Night

Friday, March 5, 2010: “AA & AAA” District VI & IX Regional Swimming and “AAA” Diving Championships at Penn State University.

Saturday, March 6, 2010: “AA & AAA” District VI & IX Regional Swimming and “AA” Diving Championships at Penn State University. .

Wednesday & Thursday March 17 & 18, 2010: The 2010 PIAA State “AAA” Championships at Bucknell University in Lewisburg.

Friday & Saturday March 19 & 20, 2010: The 2009 PIAA State “AA” Championships at Bucknell University in Lewisburg.

IF YOU HAVE QUESTIONS: Please check the District VI Website at www.piaad6.org or the District IX website at www.piaad9.org . All official announcements and FAQ’s will be posted at both sites. If further questions exist, please contact either of the meet co-directors at the following:

District IX: Tim Walter at 814-362-3845 Ext. 5029 or email twalter@bradfordareaschools.org

District VI: Susan Werner at 814-234-5078 or e-mail wernersc@aol.com

If you have meet entry questions or problems using Direct Athletics, please e-mail Chuck McMullen at d69swim@comcast.net

<p>2010 PIAA District 6 & 9 Regional “AA” & “AAA” Swimming & Diving Championships Penn State University Time Schedule</p>

Friday, March 5, 2010

Session 1

	Upon Arrival	Submit Completed Diving Score Sheet
9:30 AM	Warm-ups for AAA Swimming	
9:45 AM	Officials Meeting	
10:00 AM	Coaches Meeting AAA (Scratch Meeting)	
11:00 AM	AAA Swimming Starts	200 YD. Medley Relay 200 YD. Freestyle 200 YD. Individual Medley 50 YD. Freestyle 100 YD. Butterfly 200 YD. Freestyle Relay
12:30 PM	Awards Session 1	AAA Swimming

Session 2

12:00 PM	AAA Diving Warm-ups	
1:00 PM	AAA Diving Begins	
2:30 PM	Awards Session 2	AAA Diving

Session 3

2:30 PM	Warm-ups for AA Swimming	
3:30 PM	Coaches Meeting AA (Scratch Meeting)	
4:30 PM	AA Swimming Starts	200 YD. Medley Relay 200 YD. Freestyle 200 YD. Individual Medley 50 YD. Freestyle 100 YD. Butterfly 200 YD. Freestyle Relay
8:00 PM	Awards Session 3	AA Swimming

<p>NOTE: Schools will be notified of their assigned warm-up session by email after all entries are reviewed. It will also be posted on the District 6 and District 9 websites.</p>

Saturday March 6, 2010

Session 4

	Upon Arrival	Submit Completed Diving Score Sheet	
8:00 AM	Warm-ups for AAA Swimming		
8:15 AM	Officials Meeting		
9:30 AM	AAA Swimming Starts	100 YD. Freestyle 500 YD. Freestyle* 100 YD. Backstroke 100 YD. Breaststroke 400 YD. Freestyle Relay	
11:30 AM	Awards for Session 4	AAA Swimming	

Session 5

11:00 PM	AA Diving Warm-ups		
12:00 PM	AA Diving Starts		
1:30 PM	Awards for Session 5	AA Diving	

Session 6

1:30 PM	Warm-ups for AA Swimming		
3:30 PM	AA Swimming Starts	100 YD. Freestyle 500 YD. Freestyle* 100 YD. Backstroke 100 YD. Breaststroke 400 YD. Freestyle Relay	
6:30 PM	Awards for Session 6	AA Swimming	

NOTE: Schools will be notified of their assigned warm-up session by email after all entries are reviewed. It will also be posted on the District 6 and District 9 websites.

**2009-10 PIAA District 6 & 9 Regional
Swimming & Diving Championships
“AAA” Qualifying Times**

<u>EVENT</u>	<u>“AAA” GIRLS</u>	<u>“AAA” BOYS</u>
1. 200 yard Medley Relay	1 team/school	1 team/school
2. 200 yard Freestyle	2:19.00	2:14.00
3. 200 yard Individual Medley	2:36.00	2:26.00
4. 50 yard Freestyle	28.80	26.30
6. 100 yard Butterfly	1:14.00	1:11.00
9. 200 yard Freestyle Relay	1 team/school	1 team/school
7. 100 yard Freestyle	1:04.00	59.00
8. 500 yard Freestyle	*6:30.00	*6:05.00
10. 100 yard Backstroke	1:14.50	1:11.00
11. 100 yard Breaststroke	1:22.00	1:17.00
12. 400 yard Freestyle Relay	1 team/school	1 team/school
5 .Diving	4 divers/school	4 divers/school

* NOTE: Only those swimmers meeting the qualifying standard in the 500 Yard Freestyle will be allowed to compete.

**2009-10 PIAA District 6 & 9 Regional
Swimming & Diving Championships
“AA” Qualifying Times**

<u>EVENT</u>	<u>“AA” GIRLS</u>	<u>“AA” BOYS</u>
1. 200 yard Medley Relay	1 team/school	1 team/school
2. 200 yard Freestyle	2:22.00	2:19.00
3. 200 yard Individual Medley	2:42.00	2:32.00
4. 50 yard Freestyle	29.20	27.30
6. 100 yard Butterfly	1:19.00	1:15.00
9. 200 yard Freestyle Relay	1 team/school	1 team/school
7. 100 yard Freestyle	1:05.50	1:00.50
8. 500 yard Freestyle	*6:40.00	*6:15.00
10. 100 yard Backstroke	1:17.00	1:14.00
11. 100 yard Breaststroke	1:25.00	1:19.00
12. 400 yard Freestyle Relay	1 team/school	1 team/school
5. Diving	4 divers/school	4 divers/school

* **NOTE:** Only those swimmers meeting the qualifying standard in the 500 Yard Freestyle will be allowed to compete.

Regional Swimming and Diving Entry Fees Form

School Name _____

Number of Athletes Competing _____
x \$7/athlete x\$7

Total Amount Paid _____
Note: Minimum of \$25/school.

Coach's Name _____

Coach's Contact Phone Number _____

Checks should be made payable to "PIAA District VI" and mailed by Feb. 26, 2010 to:
Susan Werner, District VI Swimming and Diving Chairperson
1324 Appletree Circle
State College, PA 16803

PIAA Districts 6 and 9
Regional Swimming and Diving Championships
District T Shirt Order Form
Pre-order your 2009-2010 District T's

- Short sleeve District T-Shirts will be available for the Regional Championship meet.
- Shirts are available in Small, Medium, Large, XL and XXL adult sizes.
- Cost of shirt \$16
- *Order deadline Monday, February 8, 2010*
- Please use this form for swimmer/diver orders and use the summary form to place one team order. Any questions? Contact Stacy Moerschbacher sjm100@comcast.net
- A check payable to SCSD Booster Club must be presented at meet for pick-up (one check per team). Pre-orders are strongly advised, availability at the meet will be limited and will be sold for a price of \$18.00.

School Name		Contact					Contact phone and email
Swimmer/diver	SM	MED	LG	XL	XXL	TOTAL # OF SHIRTS	
1.							
2.							
3.							
4.							
5.							
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17.							
18.							
19.							
20.							
COLUMN							

Please send Team t-shirt order on next page by email to **Stacy Moerschbacher** sjm100@comcast.net by February 8, 2010.

District 6 and 9 swimming/diving championship

2010 Team t-shirt order form

Team/School name _____

Team Contact _____ email _____

phone _____

Shirt Order Totals

#SM _____ #MED _____ #LG _____ #XL _____ #XXL _____

Total Number Shirts ordered _____ x \$16 = _____

\$ _____ amount remitted

T-shirts will be available for pick-up in lobby at the meet.

Checks should be made payable to SCSD Booster Club and must be presented to receive t-shirts.

Questions? Contact Stacy Moerschbacher, sjm100@comcast.net