

2008 District 6/9 Swimming and Diving Regional Championships
WARM-UP TIMES

Teams will be warming up in both the competition pool and the instructional pool.
Lane assignments are for both pools.

AAA warm-up times

Friday, Feb. 29 9:30 a.m. – 10:50 a.m.
Saturday, March 1 8:00 a.m. – 9:20 a.m.

Lane 1 – Hollidaysburg
Lane 2 – Altoona
Lane 3 – DuBois
Lane 4 – St. Marys
Lane 5 – Central Mountain and State College
Lane 6 – State College

AA warm-up times

Friday, Feb. 29
 Session 1 – 2:30 p.m. – 3:30 p.m.
 Session 2 – 3:30 p.m. – 4:30 p.m.
Saturday, March 1
 Session 1 – 1:30 p.m. – 2:30 p.m.
 Session 2 – 2:30 p.m. – 3:30 p.m.

Session 1

Lane 1 – Martinsburg Central, Richland
Lane 2 - Tyrone, Northern Cambria
Lane 3 – Central Cambria
Lane 4 – Clearfield
Lane 5 – Bellefonte, Bishop Guilfoyle, Indian Valley
Lane 6 – Bishop McCort, Huntingdon

Session 2

Lane 1 – Westmont Hilltop
Lane 2 – Somerset
Lane 3 – Brookville, Marion Center
Lane 4 – Bradford, Bedford, Clarion
Lane 5 – Ligonier Valley, Cranberry, Conemaugh Township, Forest Hills,
 Northern Bedford
Lane 6 – Cambria Heights, Rocky Grove